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*Please attribute the information below to Shire President, Cr Sam Collard.*

## MEDIA RELEASE

### Reminder to Keep Your Head Above Water This Summer

The Shire of Gingin would like to remind anyone in our community heading to rivers and estuaries for the holidays – including Moore River – to be mindful of amoeba risks. Swimmers should be aware that when water temperatures rise above 20°C amoeba organisms may be present, particularly in shallow waters. This includes lakes, rivers and dams.

In order to minimise risks to you and your family, the Health Department recommends the following:

- Keep your head (and your children's) above water when swimming in warm, fresh water bodies such as Moore River; and
- Avoid jumping or diving into this water if there is the possibility water could be forced up the nose at pressure.

Bright yellow health and safety alert signs about amoeba risks are located at Moore River, and we ask our community members and visitors to take care in our waterways this summer.



-Ends-

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